

WHAT THE STUDENTS HAVE TO SAY ABOUT ALLI ...

“Prevention isn’t about simply knowledge, it’s about changing behavior.”

“ALLI gives me something incredibly valuable: a place to see what other kids my age think on issues I care about and the tools to handle them.”

“Learning how to make positive choices in life will go a long way. We learn not only how to help ourselves but influence others positively.”

“I have a unique opportunity to meet students from other schools, all here for a common cause: institute good decision making in our schools.”

ALLI

Adolescent Learning and Leadership Institute 2014-2015 Year in Review

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SOUTHEASTERN REGIONAL ACTION COUNCIL

ALLI Celebrates Fourth Successful Year

2014-2015 represents the fourth year that SERAC has hosted ALLI, a regional leadership program. The goal of ALLI is to bring together students from across the Southeastern Connecticut to learn about current health issues and to develop leadership skills. Participants learn about the importance of prevention activities aimed at reducing substance abuse and other risky behaviors.

This year’s program included a total of 69 students from the following schools:

Griswold High School

Ledyard High School

Montville High School

Norwich Free Academy

Sachem School

Stonington High School

Waterford High School

Wheeler High School

Each of the 8 meetings included a prevention lesson modelled after the evidence-based prevention curriculum, **Too Good for Drugs** from the Mendez Foundation.

Specific topics covered this year include: Media Portrayal of Alcohol and Marijuana, Conflict Resolution and Mediation, Healthy Decision Making, Effective Communication, Regional Data Review and Current Drug Trends.



ALLI HOSTS FAMILY FRIENDLY FUN RUN

This year, ALLI participants chose to plan and host a family-friendly fun run to raise awareness about the dangers of drug and alcohol use. On May 3, 2015 about 140 runners and walkers came out for the 1st Annual ALLI Fun Run / Walk at Dodd Stadium in Norwich. Throughout the planning and staging of the run, ALLI students had many

opportunities to take leadership roles, to troubleshoot issues, to make budget decisions, and to negotiate compromises among competing interests.

SERAC would like to thank Dodd Stadium and the Connecticut Tigers for their support of the event.



ALLI’s NEW MISSION STATEMENT

ALLI empowers young minds, **educates** them on contemporary issues, and **engages** them in leadership opportunities in their communities.

This new mission statement was developed by the 12th grade students participating in ALLI this year.