



**UCFS Healthcare**  
Well-Being Redefined.

## Alcohol Counseling Services Now Offered Through Telehealth at UCFS Healthcare

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Do you want to modify current alcohol drinking patterns, but unable to find the time to commit to an in-person counseling program, are unable to leave your home or want to have anonymity when seeking treatment?

UCFS Healthcare is now offering confidential telehealth harm reduction services for the treatment for alcohol use.

*Clients will need to have access to internet services on their own prior to starting this type of treatment. This includes a wireless plan that can support video calls through zoom or Wi-Fi available with compatible devices. UCFS will not supply this technology. Clients will also need to set up a My Chart account prior to first session.*

### Contact Info

Please call UCFS Healthcare at  
860-822-4900 to find out  
more about telehealth  
alcohol counseling services.