

Southeastern Regional Prevention Committee
Minutes from the meeting held October 1, 2015

Committee Attendance: Michele Devine, Karen Fisher, Jennifer Buckley, Christine Miskell, Angela Duhaime, Christopher Gigliotti, Ashlee Denny, Jennifer Martino, Judith Allik, Adele Cyr, Gina Tourangeau, Rayallen Bergman, Linda Labbe, and Miranda Nagle.

Meeting began at 9:09

1. Welcomes and Introductions:

- Members were welcomed and thanked for attending the meeting.

2. SERAC Updates:

- Needs Assessments & Surveys:
 - So far there have been 762 total responses.
 - The community with the highest response will receive a 1,000 donation for their prevention efforts.
 - It is encouraged to get the surveys in
- Youth Programs:
 - ALLI contains 60 youth from 8 surrounding communities.
 - Nov. there will be a “Making the Case” session on the pros and cons of gambling in CT
 - ALLI is helping with the youth forum. They will do a presentation for the middle school students at the event.
 - STEP: This is the last year for funding for STEP. There might be money for E-cigarette education.

Compliance Checks:

Looking for youth to help do compliance checks

- Students cannot participate in checks in the town they live in.
 - Students have to be 18 or older for alcohol checks. Tobacco compliance checks will be coming soon and the student can be younger.
 - Any student interested can come to a meeting help this month.
 - Kay mentioned that Norwich failed. 11 out of 17 sold alcohol to minors. The Norwich Police arrested all that did not comply with the laws.
- Training/Events
 - Prevention Day is Oct 23rd at Three Rivers Community College. 5 slots per town are available
 - The Keynote is discussing Youth Violence and Media
 - Registration cost is \$25 and closes October 8th
 - Train the Trainer Stacked Deck: is held Nov. 16th and 17th in Wallingford
 - This is education on gambling designed for school aged youth. Can be used for all ages even adults.
 - Vaping: Colchester High school is having a community conversation about vaping on Wednesday, Oct. 7th from 6-730.
 - Annual Meeting: Scheduled for Nov. 5th at the Norwich Inn and Spa from 8:30-10am.

- Keynote presentation will be Prevention: The Keystone to Healthy Communities by Jim Wuelfing.
- After the meeting from 10:15-noon Jim Wuelfing will present “Understanding Prevention and Its Contribution to the Full Continuum of Care”
- Kay Eyberse will be getting the community involvement award.

- PFA/PTSM
 - Had their first meeting and created a brochure. (see attachment)
 - People can be referred as needed for any trauma like suicide, or tragic accidents.
 - They response team cannot come without being invited. They have to be invited and welcomed by the people involved.
 - This should happen when the families are ready.
 - They are meeting with the 1st selectmen’s of surrounding towns to let them know this team exists and are ready to help.

- Local Prevention Councils
 - Michele is checking on the final amounts and will confirm shortly.
 - The activities are listed on the back of the application. Check with Angela.
 - Suicide prevention is part of the grant.

3. Community Updates:

- Stonington: Their “Shine the Light on Heroin” had over 60 people participate. The goal was to get awareness out that there is a problem with heroin and Narcan is available.
- Oct. 15th Savin Rock (SP) West Haven CPN
- SERAC: Rayallen went to Eastern for a forum on K2 and heroin.
- Waterford: Started a challenge program for 5th grade. It is similar to DARE. It challenges the students to avoid drugs and alcohol till out of high school.
 - Oct 21st is their alcohol and drug coalition meeting. All are welcome to come.
- Kay: Advertising the drop box.
 - Working on doing compliance checks again for alcohol and tobacco
 - SADD kids are changing their name to Youth prevention council at NFA.
- Old Lyme: drug take back was a success.
 - 52 people dropped off 75#’s
 - Held a presentation at the senior center.
 - Free lock boxes are available.
- Karen: Alcohol Law quiz has a lot of facts and scenarios. Available for email if needed.
- Treatment providers are expanding Narcan training. 6 lives were saved by doing this.
 - Had a bonfire. Open to the public. Meeting marathon.
- Griswold: Drugs were found on elementary school grounds. Griswold Pride response to opiate problem. Putnam got a grant to help Griswold.
- Drug take back got them 67lbs of prescription drugs off their streets.