

Southeastern Regional Prevention Committee
Minutes from the meeting held December 3, 2015

Committee Attendance: Kimberly Grant, Michele Devine, Karen Fisher, Jennifer Buckley, Christine Miskell, Jennifer Martino, Kay Eyberse, Rayallen Bergman, Angela Duhaime, Christopher Gigliotti, Miranda Nagle, Judith Allik, Ashlee Denny, Kristen King, and Missy Garvin.

Meeting began at 09:08

1. **Welcomes and Introductions:**

- Members were welcomed and thanked for attending the meeting.

2. Local Prevention Council updates

- Applications were due on October 31, 2015. Those coalitions that got their completed applications in have received their checks.
- Currently funding is limited for this, but agencies are encouraged to still get applications in. This will show the state that people are waiting and there is a need for it.

3. Upcoming Legislative Initiatives 2016

- Each Regional Action Council is taking on different legislative priorities.
 - SERAC is focused on training police officers that would be able to determine if other drugs besides alcohol is present during a motor vehicle stop.
 - Problem gambling is very prevalent in our area. Keno will be allowed in bars and restaurants starting in April. SERAC is working on keeping keno out of bars and restaurants.
 - December 10th there is a boot camp. This training will show attendees what to focus on and will prepare people on how to rally at the capitol. Youth are welcome to attend. You must register if interested.

4. SERAC Updates

- Prevention conference day feedback.
 - The people at the table liked the workshops. They most liked the drumming and tapping workshops. They have used the skills learned since the training.
- The committee members were asked if they had suggestions for new trainings that would be helpful or interesting. Some suggestions were:
 - Social media: How to reach your target audience. Facebook, Twitter, Instagram Etc.
 - Video games: How to get the youth attention when they only want to play video games, and often with their parents.
 - Prevention for early childhood.
- Life skills parenting program is being offered at Montville, Voluntown, and Griswold. This would offer skills on how to talk to your children. Contact Angela for more information.
- Compliance checks training for youth is being held on December 3rd at Panera in Waterford from 4:30 - 5:30. Any one that has any youth ages 17 and 18 can attend and be trained. They will receive a gift card as well as the training to work with local preventions and police officers for attending. After this training the youth will be available for local coalitions to use for their towns compliance checks.
- Stacked Deck: Program gambling lessons start December 4th. This is an evidence based problem gambling training that is a minimum of 3 sessions, but could take as many as 5. Any community or school can attend.
- Narcan training is being held on December 16th. This is a 1 hour training that shows attendees the proper way to administer Narcan. The goal would be to have at least one pharmacist to be trained in

each town. There is a \$100 cost per pharmacist, but coalitions could use their grant money to pay for them.

- Community surveys are completed. There were 1,317 people that participated. This is about 1,000 less than last time.
 - Voluntown had the highest participants and received the prevention award.
 - Lyme/Old Lyme had the second highest participation.
 - The parent survey will be similar. This will see how parents think and how youth think.
 - This new data will be available in the spring. A new action plan will be created for southeastern CT.

5. Community Updates

- NARCAN Training in Old Lyme
- Montville campaign on suicide prevention
- Colchester overdose training
- Groton finished need assessment. SADD is doing E3 (??) peer to peer.
- Waterford challenge program graduation is December 21st, 2015
- New London Community and Campus Coalition finished the dating guide and it is being printed. They are also hosting a campaign. This campaign will focus on the youth of New London and their stories.
- Ledyard is attending the CADCA Coalition Academy
- ALLI group was trained on how to develop PSA's. Legislative debate about gambling.

6. Media and Campaigns

- SERAC is developing new media or campaigns and is looking for suggestions. Some of the suggestions were:
 - Addiction
 - Heroin/ Narcan