SERAC Youth Survey Regional Summary 2016-2017

Final Report
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SERAC Regional Dataset v.82.1

Southeastern Regional Action Council



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Table of Contents

Acknowledgements	3
Public Domain Notice	3
Disclaimer	3
Methods	4
Results and Discussion	5
Section 1: Demographics	5
Section 2: Tobacco, Alcohol, and Other Substance Use	5
Section 3: Individual/Peer Domain	
Section 4: Family Domain	7
Section 5: School Domain	7
Section 6: Community Domain	
Section 7: Gambling	8
Section 8: Trends	8
References	
Data Tables	
Section 1. Demographics	10
Section 2. Tobacco, Alcohol, and Other Substance Use	
Section 3. Individual/Peer Domain	18
Section 4. Family Domain	24
Section 5. School Domain	28
Section 6. Community Domain	29
Section 7. Gambling	31
Section 8. Trends	32

SERAC Youth Survey Regional Summary 2016-2017 Final Report

<u>Tables</u>

Table 1. Participants Included in Analysis by Community and Year*	. 10
Table 2. Gender of Participants Included in Analysis	10
Table 3. Reported Use Rates for Common Substances of Concern	11
Table 4. Reported Use Rates for Various Illicit Drugs	.12
Table 5. Reported Use Rates for Various Types of Prescription Medications	13
Table 6. Reported Use Rates for Other Legal Products	14
Table 7. Reported Age of Initiation Among Lifetime Users of Various Substances	14
Table 8. Frequency of Marijuana Use	
Table A. Sources of Marijuana Among Lifetime Users	
Table 9. Frequency of Alcohol Use	
Table B. Intensity of Alcohol Use Among Lifetime Users	16
Table C. Sources of Alcohol	16
Table D. Location of Alcohol Use Among Recent (Past 30 day) Users	. 17
Table E. Recent Alcohol Use in School Among Recent Users	. 17
Table 11. Perceived Harm of Substance Use	18
Table 12. Attitude Toward Peer Alcohol Use	19
Table 13. Peer Attitudes Toward Youth Substance Use	19
Table 14. Perceived Availability	20
Table 15. Antisocial Behavior	21
Table 16. Self Concept	22
Table 17. Social Supports	
Table 18. Suicide and Depression	23
Table 19. Family Substance Use	24
Table 20. Unsupervised Time	24
Table 21. Family Attitudes Toward Youth Substance Use	25
Table 23. Parental Attachment and Positive Family Involvement	27
Table 24. Perception of School Environment	28
Table 25. Perception of Community	29
Table 26. Prevention Strategies	30
Table 27. Gambling	31

SERAC Youth Survey Regional Summary 2016-2017 Final Report

ACKNOWLEDGEMENTS

In this report, we summarize the findings of youth surveys administered to more than 8500 youth in grades 7-12 from 13 communities (12 school districts) in Southeastern Connecticut in 2016 and 2017. The surveys were administered by Southeastern Regional Action Council and/or Quantitative Services in collaboration with local schools and prevention organizations. Comprehensive reports detailing all findings for individual communities are available upon request.

The survey instruments used were derived from the Connecticut Governor's Prevention Initiative For Youth (GPIY) survey [1], which was given by the Connecticut Department of Mental Health and Addiction Services (DMHAS) and UConn Health Center in 2000 in 16 towns and 3 regional districts across the State.

The survey was designed to ascertain prevalence, attitudes and behaviors related to the use of substances (tobacco, alcohol, and illicit drugs). We gratefully acknowledge refinements to the original survey, made by coalitions and health professionals throughout Connecticut specifically, East of the River Action for Substance-Abuse Elimination and Archie C. Swindell, Ph.D. of Quantitative Services. The modifications reflect changes in questions related to illegal substances and gambling behaviors, and the addition of questions related to other risk-taking behaviors.

The authors sincerely appreciate the cooperation of the local representatives who made it possible to administer the surveys. We especially thank the youth who shared their personal experiences and opinions, and parents who permitted their children to take the surveys. It is emphasized that the results of the surveys are intended to provide information to support community-wide prevention planning. They are not intended to be an evaluation of any specific domain (school, family, community, etc).

This report draws liberally on earlier reports of GPIY survey results [1] for formatting and structure.

PUBLIC DOMAIN NOTICE

All materials in this report are in the public domain and may be reproduced or copied without permission from individual communities, Southeastern Regional Action Council or other participating agencies or individuals. Citation of the source is appreciated. The data on which this report is based are subject to confidentiality regulations of HIPAA [3] and FERPA [4]

DISCLAIMER

Opinions expressed herein are the views of the authors and may not necessarily reflect the views, official policy or position of the individual communities, Southeastern Regional Action Council or other participating agencies or individuals.

METHODS

The survey instruments used to collect data for this report were developed using the Connecticut Governor's Prevention Initiative for Youth (GPIY)[1] Youth Survey for 6th – 12th Grade as the starting point. The survey has been modified by several regional prevention coalitions across Connecticut, in order to reflect changes in patterns of substance use and gambling behaviors that have occurred in the years since the GPIY survey was last given by the Connecticut Department of Mental Health and Addiction Services (DMHAS), and to add questions about health and wellness from the Youth Risk Behavior Surveillance System (YRBSS) [5]. Whenever possible, questions in this survey were taken *verbatim* from the National Outcome Measures (SAMHSA) [6] and the GPIY survey, which were in turn taken from national surveys – YRBSS [5] and Monitoring The Future (MTF) [2]. Other questions are modeled after the forty "Developmental Assets®" identified by Search Institute [7]. Thus, there is compatibility of data among all the surveys, as well as validity of responses through the use of research-based questions.

The surveys were given under the supervision of local school officials and community volunteers. Prior to administration of each survey, parents were given the opportunity to examine it and to excuse their child from participating, by informing the school. Youth were also able to decline on their own to take the survey by simply logging off the computer, and a few did so.

Whenever possible, the surveys were administered online in computer labs using the SurveyMonkey.com® website and software. In some cases, the surveys had to be administered as paper copies. In those cases, local personnel or SERAC staff were responsible for entering the responses from the paper copies onto the SurveyMonkey.com® website. Efforts were made to ensure that the students surveyed were representative of the entire school population. In some cases, subjects which all students are required to take were chosen for survey sampling. In other communities, all students in school on a given day were asked to participate

Guidelines for administration of the survey were developed by the University of Connecticut Health Center [1]. During survey administration, conversation among students was discouraged, and youth were reassured about the anonymity of the survey and the need for their honest input.

All tabulations were carried out using SPSS® data analysis software version 24. Data checking and formatting operations were carried out in Microsoft Excel®, and the final report was produced in Microsoft Word®.

Not every community covered in this report collected data for every question or for every grade. The number of individuals for whom a response was missing is not provided for each question and grade. Instead, the assumption is made that the responses of those students who were sampled are representative of the larger regional population.

With the exception of the demographic data, all reported rates have been weighted in order to account for differences in sampling rates across grades and communities. Weights were calculated as the inverse of the participation rate for a given grade within a given community. For example, if 50% of 9th graders in a given community responded to the survey, the weight for all 9th graders in that community would be 2 (1/0.5=2.0). Within individual communities, data from any grade with a participation rate of less than 20% (corresponding to a weight of >5) was excluded.

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RESULTS AND DISCUSSION

Section 1: Demographics

This report summarizes responses provided by 8,521 youth in grades 7-12 to surveys administered in 2016 and 2017 in 13 communities (12 school districts) in Southeastern Connecticut (Table 1). Using the weighting methods described earlier, the weighted number of students represented by this sample is 10,733.

Section 2: Tobacco, Alcohol, and Other Substance Use

Among the common substances of concern, alcohol appears to be the substance of choice among youth in Southeastern Connecticut (Table 3). Overall, 23% of youth report ever having used alcohol in their lifetime while 7% report having used alcohol in the past 30 days. Grade-specific recent use rates range from about 1% among 7th graders to 20% among 12th graders and lifetime use rates range from 8% to 46%.

Of the illicit drugs specifically mentioned in the survey, marijuana is the most commonly used substance (Table 3 and Table 4). Overall, 7% of youth report recent use of marijuana and 15% report lifetime use. Grade-specific recent use rates range from about 1% among 7th graders to 18% among 12th graders. Lifetime use rates range from 2% among 7th graders to 34% among 12th graders.

In general, regular use of illicit drugs, other than marijuana, does not appear to be a large problem among the region's youth (Table 4). Although recent (past 30 day) use rates do not suggest that youth use illicit drugs frequently, lifetime use rates do suggest that youth are experimenting with these substances, particularly cocaine (0.7%), ecstasy (0.8%), hallucinogens (1.6%), salvia and synthetic marijuana (2.6%.

The most commonly misused type of prescription medications are pain medications (Table 5). Overall, 7% of youth report ever having misused pain medications without a prescription while 2% report recent use.

About 15% of youth report having used energy drinks in the past 30 days and 41% of all youth report ever having used energy drinks in their lifetime (Table 6). About 8% of youth report ever having used energy drinks with alcohol while 2% report recent use. About 3-4% of youth report ever having used inhalants or having misused over-the-counter medications to get high.

Based on anecdotal reports of rising use, SERAC has added a question to ascertain the prevalence of electronic cigarette use among youth. About 9% of youth report ever having used electronic cigarettes and about 4% report recent use (Table 6). These rates are slightly higher than the rates for cigarettes (Table 3).

Youth reporting lifetime use of energy drinks, energy drinks with alcohol, cigarettes, other tobacco, alcohol or marijuana were also asked about the age at which they first used those substances (

Table 7). The youngest average age of initiation is reported for energy drinks (12.2 years). The oldest average age of initiation is reported for marijuana (14.2 years)

Youth were asked about the frequency with which they use marijuana (Table 88). About 2% of youth report daily use of marijuana.

Youth reporting lifetime use of marijuana were asked about their sources of marijuana (Table A).

- The most commonly reported source is **friends** (80%).
- About 29% report having gotten marijuana from their parents without their permission.

Youth were asked about the frequency with which they use alcohol (Table 99). Less than 1% of all youth report daily alcohol use.

Youth reporting lifetime alcohol use were asked about the intensity of their use (Table B).

 About 19% of lifetime alcohol users report having consumed 4 or more drinks during a single occasion in the past 30 days.

Youth reporting lifetime alcohol use were also asked about their sources of alcohol (Table C)

• The most commonly reported source is **friends** (51%).

Youth reporting recent (past 30 day) alcohol use, were asked about the location of their alcohol use (Table D).

- 74% of recent drinkers report having consumed alcohol at the homes of others in the past 30 days.
- About 69% of recent drinkers report having consumed alcohol at home in the past 30 days.

About 10%* of youth reporting recent (past 30 day) alcohol use report that they have been under the influence of alcohol while they were at school in the past 30 days (Table E). * This corresponds to 0.2% of all youth.

About 2% of all youth report having been intentionally high under the influence of drugs while at school (Table 13).

Section 3: Individual/Peer Domain

Perceived harm associated with substance use tends to be inversely correlated with use of that substance. 60-62% of youth feel that there is *great risk* associated with smoking 1 or more packs of cigarettes per day or using prescription drugs not prescribed to them (Table 111). About 40% of youth feel that there is *great risk* associated with drinking 5 or more alcoholic beverages once or twice a week. About one third of youth feel there is *great risk* associated with taking one or two drinks nearly every day (33%). Only 25% of youth feel there is *great risk* associated with using marijuana 1 or 2 times a week.

The percentage of youth who *strongly disapprove* of someone their age having 1 or 2 drinks of alcohol nearly every day ranges from 60% among 7th graders to 24% among 12th graders (Table 122).

Youth were asked how wrong their friends feel it would be for them to gamble or to use cigarettes, alcohol, marijuana or prescription drugs (Table 133). For all behaviors except misuse of prescription medications, the percentage of youth who report that their friends think it would be *very wrong* decreases markedly from 7th grade to 12th grade. Overall, the percentage of youth who report their peers think it would be *very wrong* for them to use is highest for prescription medications (55%) and lowest for gambling (34%).

Youth were also asked how easy it would be for them to get alcohol, cigarettes, marijuana, other illicit drugs, prescription drugs or a gun (Table 144). Compared to younger youth, older youth tend to consider all substances to be more readily available. Illicit drugs other than marijuana are considered the most difficult to obtain. Alcohol is considered the easiest to obtain.

Youth were asked if they have engaged in specific antisocial behaviors in the past year (Table 155). About 13% of youth report having stolen something worth less than \$100 and about 28% of youth report having cheated on a test at school. Approximately 8% report having ridden as a passenger with a driver under the influence of drugs or alcohol while 2% report having driven while under the influence of drugs or alcohol themselves.

Youth in the region generally appear to have positive self-concepts (Table 16). Most youth (>80%) respond positively (*agree or strongly agree*) to statements such as, "I am good at making decisions", "I have a number of good qualities", "I stand up for what I believe in" and "I believe my life is going in a positive direction". However, 20-24% of youth *agree or strongly agree* with the statements, "I feel lonely" and "I feel sad most of the time."

Youth appear to have a good social support network to help them deal with problems. The majority of youth (61%) report that when they have a problem, they *often or always/almost always* talk with a friend (Table 177). Approximately half of youth (54%) report keeping it to themselves while about 35% say they talk to a parent or guardian.

About 20% of youth report having felt so sad or hopeless almost every day for 2 weeks or more that it stopped them from doing their usual activities in the past year. (Table 1818). About 12% of youth report having hurt themselves on purpose in the past year and about 10% of youth report having seriously considered attempting suicide in the past year.

Section 4: Family Domain

About two-thirds of youth (63%) report having a parent who drinks alcohol (Table 19). Fewer youth report having a parent or guardian who gambles (36%) or smokes cigarettes (26%). The fewest youth (6%) report having a parent who uses marijuana.

About one in five youth (21%) report that they usually spend *no time* after school without an adult present (Table 200). However, 15% report spending *more than 4 hours* after school without an adult present.

Youth were asked about their perception of their parents' disapproval of their use of alcohol, tobacco, marijuana and prescription drugs (Table 211). About 84% of youth report that their parents think it would be **very wrong** for them to use a prescription drug not prescribed to them. More than 70% of youth report that their parents think it would be **very wrong** for them to smoke tobacco (79%), drink 1 or 2 alcoholic beverages nearly every day (72%) or smoke marijuana (72%). About 48% of youth report that their parents think it would be **very wrong** for them to gamble.

Most youth (82%) say is it **mostly true** or **definitely true** that they are disciplined for breaking rules (Table 22). Most youth, 70% or more, report that it is **definitely true** or **mostly true** that their families have clear rules discouraging cigarette/tobacco, alcohol, marijuana, prescription drug misuse or gambling.

Most youth (87% or more) report that it is *mostly true* or *definitely true* that they feel close to, valued and loved by their family (Table 23). Fewer youth (about 63%) say it is *mostly true* or *definitely true* that they share their thoughts and feelings with their parent/guardian. About half of youth say it is *mostly true* or *definitely true* that their parent/guardian participates in activities at their school.

Section 5: School Domain

Nearly all youth (93%) say they try to do good work at school (Table 24). Youth generally feel encouraged and supported by school teachers and staff. About 13% of youth report that they do NOT feel safe at school.

Section 6: Community Domain

Compared to younger youth, older youth are more likely to perceive that drugs are a bigger problem and that drug use is more prevalent (Table 25).

Youth were asked about the importance of various prevention strategies in keeping kids from drinking alcohol (Table 26). Checking IDs is the top-ranked strategy for all grades. Other effective strategies include fear of addiction, and alcohol-free activities. High price of alcohol and alcohol education in school are the lowest ranking strategies.

Section 7: Gambling

The majority of youth (83%) report that they *never* gamble (Table 27). About 7% of youth report that a member of their family has gambled so that it created problems at home, at work or with friends.

Youth reporting lifetime gambling were asked about their gambling behavior.

- 6% of lifetime gamblers report that a family member has expressed concern about their gambling.
- 20% of lifetime gamblers report having tried to cut back on their gambling.

Section 8: Trends

In this section, current (2016-17) regional data is compared previous regional data.

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Table 1. Participants Included in Analysis by Community and Year*

Community		Year	
Community	2016	2017	Total
Griswold	0	301	301
Groton	1325	0	1325
Ledyard	0	840	840
Lyme/Old Lyme	0	624	624
New London	372	0	372
North Stonington	222	0	222
Norwich	0	3079	3079
Preston	0	88	88
Sprague	64	0	64
Stonington	781	0	781
Voluntown	0	56	56
Waterford	769	0	769
Total	3533	4988	8521

^{*}Responses from 8521 youth are included in the analysis. Weights were calculated as the inverse of the participation rate by grade within school. For example, if 50% of 9th graders at a particular school were included in the analysis, each would have a weight of 2 (1/50%). Using this method, the weighted number of students represented by this sample is 10, 733.

Table 2. Gender of Participants Included in Analysis

Gender				Grade			
Gender	7	8	9	10	11	12	Total
Female	51.1%	47.3%	49.7%	49.7%	51.6%	54.3%	50.4%
Male	47.6%	51.6%	48.9%	49.0%	46.3%	44.0%	48.1%
I prefer not to say	1.2%	1.1%	0.7%	0.4%	0.6%	0.3%	0.7%
I prefer to self-describe	0.0%	0.0%	0.7%	0.9%	1.4%	1.3%	0.7%
Transgender	0.1%	0.1%	0.1%	0.0%	0.1%	0.1%	0.1%
Total	1293	1421	1659	1576	1438	1041	8428

Section 2. Tobacco, Alcohol, and Other Substance Use

Table 3. Reported Use Rates for Common Substances of Concern

		Grade								
		7	8	9	10	11	12	Total		
Alcohol	Never	91.9%	89.3%	81.8%	75.3%	64.6%	54.4%	76.8%		
	Lifetime	8.1%	10.7%	18.2%	24.7%	35.4%	45.6%	23.2%		
	Recent	1.0%	1.5%	4.3%	6.9%	13.4%	20.1%	7.4%		
Cigarettes	Never	98.5%	97.7%	96.5%	94.4%	91.0%	86.0%	94.3%		
	Lifetime	1.5%	2.3%	3.5%	5.6%	9.0%	14.0%	5.7%		
	Recent	0.8%	0.3%	1.0%	1.7%	3.2%	5.2%	1.9%		
Other tobacco	Never	98.7%	98.8%	98.2%	95.8%	90.4%	86.3%	95.1%		
products	Lifetime	1.3%	1.2%	1.8%	4.2%	9.6%	13.7%	4.9%		
	Recent	0.5%	0.2%	0.6%	1.4%	3.3%	5.5%	1.7%		
Marijuana	Never	97.9%	95.9%	89.8%	83.8%	73.5%	66.4%	85.1%		
	Lifetime	2.1%	4.1%	10.2%	16.2%	26.5%	33.6%	14.9%		
	Recent	0.8%	1.3%	3.8%	6.9%	12.4%	18.3%	6.9%		

Table 4. Reported Use Rates for Various Illicit Drugs

					Grade			
		7	8	9	10	11	12	Tota
Cocaine	Never	99.8%	99.5%	99.8%	99.6%	98.8%	97.8%	99.39
	Lifetime	0.2%	0.5%	0.2%	0.4%	1.2%	2.2%	0.7%
	Recent	0.1%	0.1%	0.1%	0.0%	0.1%	0.3%	0.19
Crack Cocaine	Never	99.8%	99.8%	99.7%	100.0%	99.3%	99.7%	99.7
	Lifetime	0.2%	0.2%	0.3%	0.0%	0.7%	0.3%	0.39
	Recent	0.2%	0.1%	0.2%	0.0%	0.2%	0.1%	0.19
MDMA (Ecstasy)	Never	99.9%	99.5%	99.6%	98.9%	98.9%	98.2%	99.2
, ,,	Lifetime	0.1%	0.5%	0.4%	1.1%	1.1%	1.8%	0.89
	Recent	0.0%	0.2%	0.0%	0.2%	0.1%	0.0%	0.19
Hallucinogens	Never	99.9%	99.6%	99.0%	98.4%	97.2%	95.6%	98.4
Hallacillogeris	Lifetime	0.1%	0.4%	1.0%	1.6%	2.8%	4.4%	1.69
	Recent	0.0%	0.1%	0.1%	0.4%	0.8%	0.6%	0.39
Heroin	Never	99.7%	99.9%	99.8%	99.8%	99.6%	99.9%	99.8
пегош	Lifetime	0.3%	0.1%	0.2%	0.2%	0.4%	99.9% 0.1%	0.29
	Recent	0.2%	0.1%	0.2%	0.2%	0.2%	0.1%	0.29
Salvia	Never	99.7%	100.0%	99.5%	99.3%	99.1%	99.4%	99.5
	Lifetime	0.3%	0.0%	0.5%	0.7%	0.9%	0.6%	0.59
	Recent	0.0%	0.0%	0.1%	0.1%	0.1%	0.0%	0.19
Ketamine	Never	99.9%	99.8%	99.8%	99.4%	99.4%	99.5%	99.6
	Lifetime	0.1%	0.2%	0.2%	0.6%	0.6%	0.5%	0.49
	Recent	0.0%	0.1%	0.1%	0.1%	0.2%	0.1%	0.19
GHB	Never	100.0%	100.0%	99.8%	99.8%	99.7%	100.0%	99.9
	Lifetime	0.0%	0.0%	0.2%	0.2%	0.3%	0.0%	0.19
	Recent	0.0%	0.0%	0.0%	0.1%	0.1%	0.0%	0.0
Methamphetamine	Never	99.8%	99.8%	99.6%	99.6%	99.6%	99.8%	99.7
•	Lifetime	0.2%	0.2%	0.4%	0.4%	0.4%	0.2%	0.39
	Recent	0.1%	0.1%	0.2%	0.2%	0.2%	0.0%	0.19
Synthetic Marijuana	Never	99.3%	98.3%	98.0%	96.6%	96.6%	95.4%	97.4
.,	Lifetime	0.7%	1.7%	2.0%	3.4%	3.4%	4.6%	2.69
	Recent	0.1%	0.4%	0.3%	0.8%	0.6%	0.8%	0.59
Bath Salts	Never	98.5%	98.9%	99.3%	99.8%	99.6%	99.9%	99.4
Datii Julij	Lifetime	1.5%	1.1%	0.7%	0.2%	0.4%	0.1%	0.69
	Recent	0.3%	0.4%	0.2%	0.1%	0.2%	0.1%	0.29
Any illicit drug*	Novor	99.0%	99.1%	98.4%	07 10/	95.9%	92.9%	07.2
Any mich drug	Never Lifetime				97.1%			97.3
		1.0%	0.9%	1.6%	2.9%	4.1%	7.1%	2.79
ncudes cocaine, crack, M	Recent	0.3%	0.1%	0.7%	0.8%	1.0%	1.3%	0.79

^{*}incudes cocaine, crack, MDMA, hallucinogens, heroin, GHB and methamphetamine

Table 5. Reported Use Rates for Various Types of Prescription Medications

				Grade			
	7	8	9	10	11	12	Total
Never	94.2%	92.1%	94.5%	91.7%	92.1%	93.8%	93.0%
Lifetime	5.8%	7.9%	5.5%	8.3%	7.9%	6.2%	7.0%
Recent	2.0%	2.3%	1.1%	1.9%	2.9%	1.3%	1.9%
Never	95.0%	94.5%	94.1%	93.5%	92.3%	91.2%	93.5%
Lifetime	5.0%	5.5%	5.9%	6.5%	7.7%	8.8%	6.5%
Recent	1.7%	1.4%	1.6%	1.5%	2.4%	2.0%	1.7%
Never	99.0%	99.1%	98.6%	97.5%	96.3%	95.7%	97.8%
Lifetime	1.0%	0.9%	1.4%	2.5%	3.7%	4.3%	2.2%
Recent	0.6%	0.2%	0.4%	0.7%	1.2%	0.7%	0.6%
Never	99.3%	99.3%	98.6%	97.9%	96.5%	95.7%	98.0%
Lifetime	0.7%	0.7%	1.4%	2.1%	3.5%	4.3%	2.0%
Recent	0.3%	0.1%	0.5%	0.9%	1.0%	0.9%	0.6%
Never	90.5%	89.3%	89.8%	87.1%	85.1%	85.7%	88.0%
Lifetime	9.5%	10.7%	10.2%	12.9%	14.9%	14.3%	12.0%
Recent	3.5%	3.1%	2.6%	3.6%	5.9%	3.5%	3.7%
Never	98.9%	98.5%	99.2%	99.4%	98.7%	99.5%	99.0%
Lifetime	1.1%	1.5%	0.8%	0.6%	1.3%	0.5%	1.0%
Recent	0.4%	0.2%	0.6%	0.2%	0.3%	0.1%	0.3%
	Never Lifetime Recent Never Lifetime Recent	Never 94.2% Lifetime 5.8% Recent 2.0% Never 95.0% Lifetime 5.0% Recent 1.7% Never 99.0% Lifetime 1.0% Recent 0.6% Never 99.3% Lifetime 0.7% Recent 0.3% Never 90.5% Lifetime 9.5% Recent 3.5% Never 98.9% Lifetime 1.1%	Never 94.2% 92.1% Lifetime 5.8% 7.9% Recent 2.0% 2.3% Never 95.0% 94.5% Lifetime 5.0% 5.5% Recent 1.7% 1.4% Never 99.0% 99.1% Lifetime 1.0% 0.9% Recent 0.6% 0.2% Never 99.3% 99.3% Lifetime 0.7% 0.7% Recent 0.3% 0.1% Never 90.5% 89.3% Lifetime 9.5% 10.7% Recent 3.5% 3.1% Never 98.9% 98.5% Lifetime 1.1% 1.5%	Never 94.2% 92.1% 94.5% Lifetime 5.8% 7.9% 5.5% Recent 2.0% 2.3% 1.1% Never 95.0% 94.5% 94.1% Lifetime 5.0% 5.5% 5.9% Recent 1.7% 1.4% 1.6% Never 99.0% 99.1% 98.6% Lifetime 1.0% 0.9% 1.4% Recent 0.6% 0.2% 0.4% Never 99.3% 99.3% 98.6% Lifetime 0.7% 0.7% 1.4% Recent 0.3% 0.1% 0.5% Never 90.5% 89.3% 89.8% Lifetime 9.5% 10.7% 10.2% Recent 3.5% 3.1% 2.6% Never 98.9% 98.5% 99.2% Lifetime 1.1% 1.5% 0.8%	Never 94.2% 92.1% 94.5% 91.7% Lifetime 5.8% 7.9% 5.5% 8.3% Recent 2.0% 2.3% 1.1% 1.9% Never 95.0% 94.5% 94.1% 93.5% Lifetime 5.0% 5.5% 5.9% 6.5% Recent 1.7% 1.4% 1.6% 1.5% Never 99.0% 99.1% 98.6% 97.5% Lifetime 1.0% 0.9% 1.4% 2.5% Recent 0.6% 0.2% 0.4% 0.7% Never 99.3% 99.3% 98.6% 97.9% Lifetime 0.7% 0.7% 1.4% 2.1% Recent 0.3% 0.1% 0.5% 0.9% Never 90.5% 89.3% 89.8% 87.1% Lifetime 9.5% 10.7% 10.2% 12.9% Recent 3.5% 3.1% 2.6% 3.6% Never 98.9% </td <td>Never 94.2% 92.1% 94.5% 91.7% 92.1% Lifetime 5.8% 7.9% 5.5% 8.3% 7.9% Recent 2.0% 2.3% 1.1% 1.9% 2.9% Never 95.0% 94.5% 94.1% 93.5% 92.3% Lifetime 5.0% 5.5% 5.9% 6.5% 7.7% Recent 1.7% 1.4% 1.6% 1.5% 2.4% Never 99.0% 99.1% 98.6% 97.5% 96.3% Lifetime 1.0% 0.9% 1.4% 2.5% 3.7% Recent 0.6% 0.2% 0.4% 0.7% 1.2% Never 99.3% 99.3% 98.6% 97.9% 96.5% Lifetime 0.7% 0.7% 1.4% 2.1% 3.5% Recent 0.3% 0.1% 0.5% 0.9% 1.0% Never 90.5% 89.3% 89.8% 87.1% 85.1% Lifeti</td> <td>Never 94.2% 92.1% 94.5% 91.7% 92.1% 93.8% Lifetime 5.8% 7.9% 5.5% 8.3% 7.9% 6.2% Recent 2.0% 2.3% 1.1% 1.9% 2.9% 1.3% Never 95.0% 94.5% 94.1% 93.5% 92.3% 91.2% Lifetime 5.0% 5.5% 5.9% 6.5% 7.7% 8.8% Recent 1.7% 1.4% 1.6% 1.5% 2.4% 2.0% Never 99.0% 99.1% 98.6% 97.5% 96.3% 95.7% Lifetime 1.0% 0.9% 1.4% 2.5% 3.7% 4.3% Recent 0.6% 0.2% 0.4% 0.7% 1.2% 0.7% Lifetime 0.7% 0.7% 1.4% 2.1% 3.5% 4.3% Recent 0.3% 0.1% 0.5% 0.9% 1.0% 0.9% Never 90.5% 89.3% 89.8%<</td>	Never 94.2% 92.1% 94.5% 91.7% 92.1% Lifetime 5.8% 7.9% 5.5% 8.3% 7.9% Recent 2.0% 2.3% 1.1% 1.9% 2.9% Never 95.0% 94.5% 94.1% 93.5% 92.3% Lifetime 5.0% 5.5% 5.9% 6.5% 7.7% Recent 1.7% 1.4% 1.6% 1.5% 2.4% Never 99.0% 99.1% 98.6% 97.5% 96.3% Lifetime 1.0% 0.9% 1.4% 2.5% 3.7% Recent 0.6% 0.2% 0.4% 0.7% 1.2% Never 99.3% 99.3% 98.6% 97.9% 96.5% Lifetime 0.7% 0.7% 1.4% 2.1% 3.5% Recent 0.3% 0.1% 0.5% 0.9% 1.0% Never 90.5% 89.3% 89.8% 87.1% 85.1% Lifeti	Never 94.2% 92.1% 94.5% 91.7% 92.1% 93.8% Lifetime 5.8% 7.9% 5.5% 8.3% 7.9% 6.2% Recent 2.0% 2.3% 1.1% 1.9% 2.9% 1.3% Never 95.0% 94.5% 94.1% 93.5% 92.3% 91.2% Lifetime 5.0% 5.5% 5.9% 6.5% 7.7% 8.8% Recent 1.7% 1.4% 1.6% 1.5% 2.4% 2.0% Never 99.0% 99.1% 98.6% 97.5% 96.3% 95.7% Lifetime 1.0% 0.9% 1.4% 2.5% 3.7% 4.3% Recent 0.6% 0.2% 0.4% 0.7% 1.2% 0.7% Lifetime 0.7% 0.7% 1.4% 2.1% 3.5% 4.3% Recent 0.3% 0.1% 0.5% 0.9% 1.0% 0.9% Never 90.5% 89.3% 89.8%<

^{*}includes pain medications, downers, tranquilizers and uppers

Table 6. Reported Use Rates for Other Legal Products

					Grade			
		7	8	9	10	11	12	Total
Energy Drinks	Never	72.9%	65.6%	57.4%	57.0%	53.5%	51.6%	59.5%
	Lifetime	27.1%	34.4%	42.6%	43.0%	46.5%	48.4%	40.5%
	Recent	6.8%	13.5%	15.2%	15.2%	18.3%	19.3%	14.7%
Energy Drinks +	Never	97.0%	95.8%	93.6%	91.1%	87.6%	86.7%	92.1%
Alcohol	Lifetime	3.0%	4.2%	6.4%	8.9%	12.4%	13.3%	7.9%
	Recent	1.0%	1.0%	1.9%	1.9%	4.8%	4.0%	2.4%
Inhalants	Never	96.5%	97.3%	97.2%	96.8%	97.5%	97.5%	97.1%
	Lifetime	3.5%	2.7%	2.8%	3.2%	2.5%	2.5%	2.9%
	Recent	0.9%	0.5%	0.3%	0.3%	0.3%	0.3%	0.4%
Over the counter	Never	96.1%	97.3%	96.3%	95.0%	95.7%	93.9%	95.8%
medications	Lifetime	3.9%	2.7%	3.7%	5.0%	4.3%	6.1%	4.2%
	Recent	1.7%	0.7%	1.2%	1.7%	1.0%	2.0%	1.4%
Electronic cigarettes	Never	97.6%	96.1%	92.3%	90.2%	86.3%	83.3%	91.1%
-	Lifetime	2.4%	3.9%	7.7%	9.8%	13.7%	16.7%	8.9%
	Recent	0.8%	1.3%	2.4%	3.7%	5.7%	10.5%	3.9%

Table 7. Reported Age of Initiation Among Lifetime Users of Various Substances

Substance	Unweighted number of Users (n)	Average Age of Initiation (yr)
Energy Drinks	395	12.2
Energy Drinks Containing Alcohol	79	13.2
Cigarettes	93	14.0
Other Tobacco Products	37	13.4
Alcohol	316	13.8
Marijuana	186	14.2

Table 8. Frequency of Marijuana Use

Think back over the past 30 days. On how many	Grade								
days, if any, did you use marijuana?	7	8	9	10	11	12	Total		
I have NEVER used.	97.3%	95.4%	89.8%	83.8%	73.5%	66.4%	84.9%		
Not in the past 30 days	1.9%	3.0%	6.3%	9.3%	14.0%	15.2%	8.2%		
Occasionally (1 - 5 days)	0.3%	0.6%	1.6%	3.6%	5.7%	8.1%	3.2%		
Frequently (6 - 20 days)	0.1%	0.7%	1.4%	1.6%	3.0%	5.7%	1.9%		
Almost every day (21 days or more)	0.5%	0.3%	0.9%	1.8%	3.6%	4.6%	1.8%		

Lifetime Marijuana User - Sub-analysis

Table A. Sources of Marijuana Among Lifetime Users

Percent of Marijuana Users Who Report Ever Getting Marijuana From the Following				Grade			
Sources	7	8	9	10	11	12	Total
Your parents, with permission	TFTR	TFTR	TFTR	TFTR	TFTR	7.5%	5.3%
Your parents, without permission	0.0%	TFTR	31.9%	32.2%	25.5%	28.7%	28.6%
Brothers or Sisters	TFTR	0.0%	21.2%	22.2%	22.7%	17.8%	20.5%
Friends	TFTR	TFTR	77.9%	76.3%	80.3%	85.5%	79.5%

Table 9. Frequency of Alcohol Use

During the past 30 days, on how many days (if any) did you drink one or more drinks of an alcoholic beverage (more than a sip, and NOT

Grade

including religious activities)?	7	8	9	10	11	12	Total
NEVER	91.7%	89.5%	81.8%	75.3%	64.6%	54.4%	76.8%
Not in the past 30 days	7.3%	8.9%	13.9%	17.8%	22.0%	25.5%	15.8%
Occasionally (1 - 5 days)	0.5%	1.3%	3.3%	5.3%	10.1%	14.5%	5.6%
Frequently (6 - 20 days)	0.3%	0.2%	0.7%	1.3%	2.5%	4.4%	1.5%
Almost every day (21 days or more)	0.2%	0.0%	0.3%	0.2%	0.8%	1.2%	0.4%

Lifetime Alcohol User- Sub-analysis

Table B. Intensity of Alcohol Use Among Lifetime Users

How often have you drank 4 or more alcoholic drinks (beer, wine, wine coolers, mixed drinks, hard liquor etc.) during a single

Grade

.,							
occasion?	7	8	9	10	11	12	Total
NEVER	81.0%	80.2%	68.1%	52.9%	37.1%	34.4%	49.8%
Not in the past 30 days	15.5%	18.2%	20.3%	30.1%	41.3%	36.6%	31.8%
Occasionally (1 - 5 days)	1.7%	1.6%	7.6%	10.8%	16.1%	25.5%	14.1%
Frequently (6 - 20 days)	0.0%	0.0%	3.2%	5.5%	5.0%	1.9%	3.5%
Almost every day (21 days or more)	1.8%	0.0%	0.9%	0.7%	0.4%	1.7%	0.9%

Lifetime Alcohol User- Sub-analysis

Table C.	Sources of	Alcohol
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Percent of Lifetime Alcohol Users Who Report Ever Getting Alcohol from the				Grade			
Following Sources	7	8	9	10	11	12	Total
Your parents, with permission	59.7%	51.0%	52.4%	39.0%	41.6%	49.8%	46.4%
Your parents, without permission	20.7%	24.6%	34.0%	43.4%	44.5%	39.1%	38.5%
Your friends	8.8%	17.8%	41.2%	51.1%	59.9%	67.3%	50.9%
Your brothers or sisters	12.8%	10.4%	16.0%	23.7%	25.9%	26.0%	22.0%
Other people buy it for you	TFTR	4.6%	21.9%	26.9%	37.2%	42.7%	29.5%
At a party with an adult's permission	25.6%	18.1%	24.3%	30.3%	38.1%	41.7%	32.9%
A restaurant	7.6%	TFTR	11.2%	7.2%	13.9%	14.5%	11.1%
A store or bar	TFTR	TFTR	3.8%	2.5%	5.9%	10.0%	5.2%

Recent Alcohol User Sub-analysis

Table D. Location of Alcohol Use Among Recent (Past 30 day) Users

Percent of Recent Alcohol Users Who Report Using				Grade			
Alcohol in the Following Places in the Past 30 days	7	8	9	10	11	12	Total
On the street, in the woods or in parks or fields	TFTR	TFTR	28.0%	42.7%	39.4%	25.0%	33.5%
At school activities	TFTR	0.0%	21.7%	16.6%	26.2%	9.2%	18.8%
While driving	TFTR	0.0%	TFTR	TFTR	12.9%	9.2%	9.4%
At home	100.0%	57.4%	69.3%	69.3%	70.0%	66.0%	68.8%
At the homes of others	TFTR	57.4%	72.1%	73.0%	76.6%	76.2%	74.2%
At a party with an adult present	0.0%	0.0%	35.4%	40.5%	54.1%	45.0%	43.7%
At a party without an adult present	0.0%	0.0%	60.4%	50.0%	65.4%	47.6%	54.4%

Recent Alcohol User Sub-analysis

Table E. Recent Alcohol Use in School Among Recent Users

During the past 30 days have you been under the influence of	Grade							
alcohol while you were at school?	7	8	9	10	11	12	Total	
Yes	0.0%	0.0%	TFTR	TFTR	17.6%	TFTR	9.8%*	

^{*}This corresponds to 0.2% of all youth

Table 10. Recent Drug Use While in School							
During the past 30 days have you been intentionally				Grade			
high under the influence of drugs while you were at							
school?	7	8	9	10	11	12	Total
Yes	1.0%	1.9%	2.2%	0.7%	3.2%		1.7%

Section 3. Individual/Peer Domain

Table 11. Perceived Harm of Substance Use

How much do you think people risk harming themselves if they do the					Grade			
follow	•	7	8	9	10	11	12	Total
Smoke cigarettes, 1	No Risk	8.7%	6.0%	6.8%	6.6%	6.8%	6.0%	6.8%
or more packs a	Slight Risk	6.0%	5.7%	6.1%	4.3%	3.7%	4.3%	5.0%
day?	Moderate Risk	18.7%	19.4%	19.3%	16.9%	16.1%	12.8%	17.4%
	Great Risk	55.3%	60.4%	58.0%	62.9%	66.2%	70.6%	61.9%
	I Don't Know.	11.3%	8.5%	9.8%	9.3%	7.2%	6.3%	8.8%
Electronic	No Risk	2.2%	5.4%	2.8%	6.8%	6.3%	7.4%	5.2%
Cigarettes?	Slight Risk	11.0%	12.6%	18.9%	35.9%	18.9%	21.0%	20.2%
	Moderate Risk	34.1%	34.2%	29.2%	32.5%	31.6%	28.4%	31.7%
	Great Risk	34.1%	36.0%	31.1%	15.4%	29.5%	35.8%	29.8%
	I Don't Know.	18.7%	11.7%	17.9%	9.4%	13.7%	7.4%	13.0%
Drink alcoholic	No Risk	8.8%	6.4%	6.0%	5.8%	6.3%	5.9%	6.5%
beverages, 5 or	Slight Risk	13.1%	12.6%	11.4%	10.4%	11.7%	10.7%	11.6%
more once or twice a week?	Moderate Risk	29.4%	32.7%	32.0%	33.8%	33.3%	34.7%	32.7%
	Great Risk	36.4%	37.5%	40.0%	40.1%	41.6%	42.4%	39.6%
	I Don't Know.	12.3%	10.8%	10.5%	9.8%	7.1%	6.3%	9.6%
Take one or two	No Risk	11.7%	8.7%	8.6%	8.2%	8.5%	8.8%	9.0%
drinks of an	Slight Risk	18.9%	17.9%	15.9%	16.0%	14.9%	17.0%	16.7%
alcoholic beverage	Moderate Risk	28.2%	31.7%	31.9%	31.8%	32.3%	31.7%	31.4%
nearly every day?	Great Risk	29.4%	31.4%	32.5%	34.1%	37.3%	35.2%	33.3%
	I Don't Know.	11.9%	10.2%	11.0%	9.9%	7.1%	7.3%	9.7%
Use marijuana 1 or	No Risk	11.4%	12.5%	18.3%	23.2%	30.1%	30.5%	20.8%
2 times a week?	Slight Risk	11.1%	14.5%	18.8%	24.0%	24.1%	29.6%	20.3%
	Moderate Risk	21.9%	25.5%	24.0%	22.7%	19.3%	16.4%	21.9%
	Great Risk	39.5%	34.4%	26.2%	19.4%	18.3%	15.1%	25.4%
	I Don't Know.	16.1%	13.1%	12.6%	10.6%	8.2%	8.4%	11.5%
Use prescription	No Risk	8.6%	6.4%	5.9%	5.9%	6.0%	5.5%	6.4%
drugs that are not	Slight Risk	5.4%	4.8%	5.2%	5.5%	5.3%	3.1%	5.0%
prescribed to them?	Moderate Risk	15.0%	14.3%	15.9%	16.6%	16.4%	15.7%	15.7%
	Great Risk	54.6%	60.8%	60.1%	59.8%	64.1%	66.3%	60.8%
	I Don't Know.	16.3%	13.6%	12.8%	12.2%	8.1%	9.3%	12.1%

Table 12. Attitude Toward Peer Alcohol Use

How do you feel about someone your age having one or two drinks of an alcoholic		Grade							
beverage nearly every day?	7	8	9	10	11	12	Total		
Neither Approve or Disapprove	30.0%	28.0%	49.6%	37.6%	40.0%	51.4%	37.6%		
Somewhat Disapprove	5.0%	8.9%	11.4%	14.7%	21.2%	18.7%	12.6%		
Strongly Disapprove	59.7%	54.4%	32.4%	36.8%	29.9%	23.5%	41.8%		
Don't Know or Can't Say	5.3%	8.8%	6.6%	10.9%	8.8%	6.3%	8.0%		

Table 13. Peer Attitudes Toward Youth Substance Use

How wrong do you	r friends feel it would				Grade			
• .	o the following?	7	8	9	10	11	12	Total
Smoke tobacco?	Not At All wrong	5.5%	5.2%	5.9%	9.3%	12.2%	13.6%	8.4%
	A Little Bit Wrong	6.0%	9.2%	16.1%	14.5%	17.4%	18.8%	13.7%
	Wrong	22.2%	26.5%	31.2%	30.7%	28.3%	29.3%	28.3%
	Very Wrong	66.3%	59.2%	46.8%	45.5%	42.0%	38.3%	49.6%
Drink one or two	Not At All wrong	6.3%	6.3%	9.5%	14.0%	19.2%	20.4%	12.4%
alcoholic	A Little Bit Wrong	7.4%	11.5%	18.1%	19.5%	24.8%	26.1%	17.9%
beverages nearly	Wrong	22.4%	25.0%	30.1%	29.0%	28.9%	27.2%	27.3%
every day?	Very Wrong	63.8%	57.2%	42.3%	37.5%	27.1%	26.3%	42.4%
Smoke	Not At All wrong	6.4%	9.7%	17.8%	28.4%	40.6%	44.6%	24.1%
marijuana?	A Little Bit Wrong	6.1%	12.0%	17.6%	19.7%	21.2%	22.9%	16.7%
	Wrong	17.2%	20.2%	23.6%	19.3%	17.5%	12.8%	18.9%
	Very Wrong	70.3%	58.1%	41.0%	32.5%	20.7%	19.7%	40.3%
Use prescription	Not At All wrong	5.4%	4.7%	5.0%	8.3%	10.5%	8.8%	7.1%
drugs not	A Little Bit Wrong	5.4%	5.4%	10.5%	10.4%	11.2%	12.9%	9.3%
prescribed to	Wrong	18.2%	23.0%	27.8%	25.7%	29.4%	26.7%	25.3%
you?	Very Wrong	71.0%	66.9%	56.7%	55.6%	48.9%	51.6%	58.3%
Gamble (scratch	Not At All wrong	14.8%	18.2%	19.1%	23.0%	27.5%	28.3%	22.0%
tickets, online,	A Little Bit Wrong	16.5%	17.2%	22.1%	21.8%	22.1%	23.3%	20.6%
sports, casino,	Wrong	21.0%	23.6%	26.8%	24.5%	23.3%	21.2%	23.6%
etc)?	Very Wrong	47.6%	41.1%	32.0%	30.8%	27.1%	27.3%	33.7%

Table 14. Perceived Availability

If you wanted to, ho	w easy would it		Grade							
be for you to get t	he following?	7	8	9	10	11	12	Total		
Alcohol (Beer,	Very easy	16.0%	18.3%	23.5%	27.0%	32.9%	35.6%	24.4%		
wine coolers or	Sort of easy	23.0%	23.8%	30.9%	33.1%	32.7%	35.8%	29.2%		
hard liquor)	Sort of hard	19.4%	24.2%	20.9%	18.8%	18.1%	16.5%	20.1%		
	Very hard	41.6%	33.7%	24.7%	21.2%	16.3%	12.1%	26.4%		
Cigarettes	Very easy	9.9%	11.2%	15.5%	19.7%	21.8%	36.7%	17.4%		
	Sort of easy	10.7%	12.7%	19.1%	18.9%	24.4%	25.6%	17.7%		
	Sort of hard	16.6%	20.7%	22.5%	22.1%	17.9%	13.9%	19.5%		
	Very hard	62.8%	55.4%	43.0%	39.4%	35.9%	23.8%	45.4%		
Marijuana	Very easy	4.5%	8.7%	20.3%	29.4%	36.1%	39.8%	21.1%		
	Sort of easy	7.6%	9.8%	16.1%	19.9%	21.1%	27.1%	15.9%		
	Sort of hard	10.6%	15.4%	15.8%	16.6%	14.5%	11.9%	14.4%		
	Very hard	77.2%	66.1%	47.8%	34.1%	28.3%	21.3%	48.6%		
A gun	Very easy	6.9%	6.1%	8.7%	8.7%	11.2%	10.2%	8.3%		
	Sort of easy	10.5%	9.8%	8.5%	9.2%	8.9%	8.9%	9.4%		
	Sort of hard	12.5%	16.4%	18.6%	21.1%	21.8%	25.7%	18.6%		
	Very hard	70.2%	67.6%	64.2%	61.0%	58.2%	55.2%	63.7%		
Illicit drugs like	Very easy	3.4%	3.3%	6.2%	8.2%	9.7%	9.3%	6.3%		
cocaine, heroin,	Sort of easy	3.1%	3.9%	7.6%	7.4%	8.6%	13.5%	6.7%		
LSD or	Sort of hard	9.0%	10.5%	14.0%	18.4%	19.8%	22.4%	14.9%		
amphetamines	Very hard	84.5%	82.3%	72.2%	65.9%	61.9%	54.8%	72.0%		
A prescription drug	Very easy	9.0%	10.3%	12.9%	14.7%	14.7%	12.9%	12.3%		
without your own	Sort of easy	12.7%	11.5%	16.2%	13.2%	18.2%	18.7%	14.6%		
prescription	Sort of hard	16.7%	20.5%	18.2%	21.1%	20.5%	25.7%	20.1%		
	Very hard	61.6%	57.7%	52.7%	51.0%	46.5%	42.7%	53.1%		

Table 15. Antisocial Behavior

In the past year did you do any of the following?	Grade								
in the past year and you do any of the following:		8	9	10	11	12	Total		
Steal something less than \$100?	10.1%	14.3%	12.4%	12.9%	15.6%	14.2%	13.0%		
Cheat on a test at school?	20.2%	27.5%	28.2%	30.8%	31.8%	31.6%	27.9%		
Sell illegal drugs?	0.5%	1.6%	1.5%	3.8%	5.8%	4.8%	2.6%		
Ride as a passenger with a driver under the	7.1%	6.9%	5.6%	9.0%	13.5%	12.8%	8.4%		
influence of drugs or alcohol?									
Drive while under the influence of drugs or alcohol?	0.0%	0.8%	0.4%	1.2%	5.4%	8.5%	1.9%		
Bring a knife, gun, or other weapon to school?	2.7%	1.9%	3.8%	2.5%	2.5%	4.8%	3.0%		
Bully someone with the idea of hurting their	15.4%	19.3%	17.8%	17.4%	23.8%	44.2%	20.0%		
feelings?									
Gamble	18.2%	17.1%	13.6%	16.2%	18.0%		16.7%		

Table 16. Self Concept

Tubic 10. Sen concept					Grade			
		7	8	9	10	11	12	Total
I feel lonely.	Strongly Disagree	49.5%	47.4%	45.1%	40.8%	41.2%	29.1%	43.6%
	Disagree	29.2%	28.2%	34.6%	36.5%	30.1%	38.1%	32.4%
	Agree	16.1%	19.7%	15.7%	16.0%	19.7%	24.9%	18.0%
	Strongly Agree	5.3%	4.8%	4.7%	6.7%	9.0%	7.9%	6.1%
I am good at making	Strongly Disagree	4.6%	7.3%	5.1%	7.7%	7.5%	6.0%	6.3%
decisions.	Disagree	13.1%	13.2%	13.2%	10.4%	11.5%	12.6%	12.4%
	Agree	53.5%	52.5%	53.0%	52.1%	48.5%	54.1%	52.3%
	Strongly Agree	28.8%	27.0%	28.8%	29.7%	32.5%	27.3%	29.0%
I have a number of	Strongly Disagree	3.7%	6.8%	5.2%	7.1%	8.1%	4.4%	5.9%
good qualities.	Disagree	11.3%	11.3%	10.1%	8.8%	8.8%	9.8%	10.1%
	Agree	45.5%	48.0%	44.6%	51.4%	46.8%	47.3%	47.2%
	Strongly Agree	39.4%	33.9%	40.0%	32.7%	36.3%	38.5%	36.7%
I have trouble	Strongly Disagree	22.0%	16.6%	14.5%	17.3%	14.6%	13.7%	16.7%
concentrating.	Disagree	33.4%	34.0%	36.1%	33.4%	32.5%	33.8%	34.0%
.	Agree	29.6%	32.9%	34.4%	33.8%	36.8%	37.9%	33.8%
	Strongly Agree	15.0%	16.5%	15.0%	15.5%	16.0%	14.6%	15.5%
I believe that my life	Strongly Disagree	3.7%	5.3%	5.2%	7.2%	6.8%	5.5%	5.6%
is going in a positive	Disagree	9.8%	8.3%	10.3%	10.6%	13.2%	8.7%	10.1%
direction.	Agree	39.2%	43.9%	45.5%	47.4%	41.8%	46.0%	43.9%
	Strongly Agree	47.3%	42.4%	39.1%	34.8%	38.3%	39.8%	40.4%
I feel sad most of the	Strongly Disagree	47.9%	49.3%	45.9%	43.2%	36.8%	31.2%	44.0%
time.	Disagree	33.6%	34.1%	35.6%	36.9%	40.0%	38.5%	36.0%
	Agree	14.1%	11.9%	13.8%	14.4%	16.8%	21.8%	14.6%
	Strongly Agree	4.4%	4.7%	4.7%	5.5%	6.5%	8.6%	5.3%
I have so much energy	Strongly Disagree	20.0%	22.4%	22.7%	27.1%	33.6%	24.6%	24.5%
I don't know what to	Disagree	40.1%	39.6%	46.5%	45.8%	40.2%	50.1%	43.3%
do with it.	Agree	24.5%	24.5%	21.3%	20.1%	17.4%	17.0%	21.4%
	Strongly Agree	15.3%	13.5%	9.5%	7.1%	8.9%	8.3%	10.7%
I stand up for what I	Strongly Disagree	4.5%	3.6%	3.7%	5.7%	4.6%	3.1%	4.3%
believe in.	Disagree	11.5%	12.4%	9.4%	9.6%	8.9%	7.8%	10.2%
	Agree	40.6%	43.7%	48.1%	48.0%	52.4%	48.4%	46.4%
	Strongly Agree	43.4%	40.4%	38.8%	36.6%	34.1%	40.6%	39.1%

Table 17. Social Supports

-	ave a problem that is how often do you do th	ne		Grade					
	following?		7	8	9	10	11	12	Total
Talk about it	Never/Almost Neve	r	19.3%	22.0%	24.5%	26.8%	31.0%	29.0%	24.7%
with your	Sometimes		35.7%	37.6%	37.6%	35.9%	36.9%	33.4%	36.5%
parent(s) or	Often		24.1%	24.8%	21.2%	23.8%	21.3%	23.8%	23.2%
guardian(s)?	Always/Almost Alway	/S	20.9%	15.6%	16.7%	13.4%	10.9%	13.8%	15.7%
Talk about it	Never/Almost Never		53.0%	60.8%	67.0%	63.3%	67.9%	60.7%	62.0%
with a	Sometimes		31.0%	29.4%	24.9%	26.7%	23.8%	29.0%	27.5%
teacher?	Often		11.5%	6.8%	6.1%	7.8%	6.1%	7.8%	7.7%
	Always/Almost Alway	/S	4.5%	3.0%	2.0%	2.2%	2.2%	2.5%	2.8%
Talk about it	Never/Almost Neve	r	15.6%	12.8%	13.2%	15.3%	11.5%	11.0%	13.6%
with a friend?	Sometimes		24.7%	25.1%	27.2%	26.5%	25.6%	22.7%	25.6%
	Often		30.1%	32.7%	33.5%	30.6%	29.4%	34.7%	31.7%
	Always/Almost Always		29.6%	29.4%	26.1%	27.6%	33.5%	31.6%	29.1%
Keep it to yourself?	Never/Almost Neve	r	16.7%	11.6%	14.9%	12.1%	12.5%	8.3%	13.2%
	Sometimes		32.5%	31.8%	34.4%	32.8%	32.6%	30.4%	32.7%
	Often		23.5%	26.8%	22.5%	25.7%	30.2%	28.9%	25.7%
	Always/Almost Alway	/ S	27.2%	29.9%	28.2%	29.5%	24.7%	32.4%	28.5%
Table 18. Suicid	e and Depression								
In the	past 12 months					Grade			
	•		7	8	9	10	11	12	Total
l have had thou	ghts of hurting myself	Yes	18.1%	20.5%	19.8%	18.3%	21.9%	22.8%	20.2%
I have hurt r	nyself on purpose	Yes	10.6%	12.4%	10.8%	11.1%	12.6%	12.0%	11.6%
	yfriend/girlfriend hit, y hurt me on purpose	Yes	1.8%	3.1%	4.0%	3.2%	5.8%	4.5%	3.8%
every day for 2 v stopped me fr	or hopeless almost wks or more so that it om doing my usual ctivities	Yes	16.3%	18.5%	18.7%	19.6%	24.6%	22.4%	20.1%
	ously considered oting suicide	Yes	7.0%	9.5%	9.7%	10.1%	11.4%	9.7%	9.7%

Section 4. Family Domain

Table 19. Family Substance Use

rable 15. Falliny Substance GSE					Grade			
		7	8	9	10	11	12	Total
Do either of your parents/guardians smoke cigarettes?	Yes	29.6%	26.0%	23.4%	27.6%	24.1%	28.3%	26.3%
Do either of your parents/guardians drink alcoholic beverages?	Yes	62.4%	59.8%	59.6%	60.4%	71.2%	66.2%	62.4%
Has anyone in your family (such as a parent, brother or sister, not including you) ever used alcohol so that it created problems at home, at work, or with friends?	Yes	15.4%	14.2%	12.4%	20.5%	24.5%	22.4%	17.3%
Do either of your parents/guardians gamble?	Yes	37.9%	31.7%	36.2%	39.0%	36.5%		36.2%
Do either of your parents/guardians use marijuana?	Yes	2.5%	4.1%	4.4%	6.0%	10.7%	7.7%	5.8%
Table 20. Unsupervised Time On a regular weekday, how many hodo you usually spend after school with					Grade			
an adult present?		7	8	9	10	11	12	Total
None		27.3%	25.1%	21.0%	17.6%	18.1%	19.7%	21.1%
Less Than 1 Hour		25.4%	21.6%	18.3%	16.4%	13.3%	11.0%	17.6%
1 To 2 Hours		30.6%	31.1%	32.2%	34.7%	34.8%	27.5%	32.1%
Up To 4 Hours		7.6%	11.7%	15.7%	17.1%	16.7%	16.5%	14.6%
More Than 4 Hours		9.1%	10.4%	12.8%	14.2%	17.1%	25.3%	14.6%

Table 21. Family Attitudes Toward Youth Substance Use

How wrong do your p	How wrong do your parents feel it would				Grade			
be for you to do	the following?	7	8	9	10	11	12	Total
Smoke tobacco?	Not At All Wrong	3.2%	1.5%	2.1%	2.5%	2.9%	3.5%	2.6%
	A Little Bit Wrong	2.0%	2.1%	3.4%	3.5%	4.1%	6.6%	3.5%
	Wrong	9.0%	12.8%	15.8%	15.1%	18.7%	20.8%	15.3%
	Very Wrong	85.9%	83.5%	78.8%	78.9%	74.3%	69.1%	78.7%
Drink one or two	Not At All Wrong	4.4%	1.9%	2.5%	3.9%	4.1%	4.9%	3.5%
alcoholic beverages	A Little Bit Wrong	5.5%	4.0%	5.4%	5.8%	9.1%	12.7%	6.8%
nearly everyday?	Wrong	11.9%	14.3%	19.1%	19.5%	22.7%	20.1%	18.0%
	Very Wrong	78.3%	79.8%	73.0%	70.9%	64.1%	62.3%	71.6%
Smoke marijuana?	Not At All Wrong	3.1%	2.1%	3.9%	5.8%	7.2%	9.0%	5.1%
	A Little Bit Wrong	2.4%	4.5%	7.1%	9.7%	13.0%	15.9%	8.6%
	Wrong	6.9%	9.0%	13.8%	16.4%	20.3%	19.2%	14.3%
	Very Wrong	87.6%	84.4%	75.2%	68.1%	59.5%	55.9%	72.1%
Use prescription	Not At All Wrong	3.7%	1.6%	2.2%	2.8%	2.8%	2.3%	2.6%
drugs not	A Little Bit Wrong	2.3%	1.8%	2.4%	2.2%	2.8%	2.9%	2.4%
prescribed to you?	Wrong	7.6%	9.1%	11.8%	13.3%	13.5%	13.6%	11.5%
	Very Wrong	86.4%	87.5%	83.5%	81.7%	81.0%	81.1%	83.5%
Gamble (scratch	Not At All Wrong	9.2%	7.6%	7.0%	9.0%	10.7%	12.6%	9.2%
tickets, online,	A Little Bit Wrong	15.9%	16.3%	17.7%	19.0%	18.9%	21.5%	18.2%
sports, casino, etc)?	Wrong	20.1%	25.8%	27.1%	23.7%	24.9%	23.3%	24.3%
	Very Wrong	54.8%	50.3%	48.2%	48.3%	45.6%	42.6%	48.2%

Table 22. Family Management

					Grade			
		7	8	9	10	11	12	Total
If I break one of my	Definitely NOT True	6.4%	4.8%	3.8%	5.9%	5.1%	7.8%	5.4%
parent/guardian(s)	Mostly NOT True	9.2%	12.8%	11.6%	14.8%	16.8%	15.7%	13.1%
rules, I am usually	Mostly True	42.4%	40.1%	45.0%	45.2%	44.3%	48.1%	43.9%
disciplined.	Definitely True	42.0%	42.4%	39.6%	34.2%	33.8%	28.3%	37.7%
My family has clear	Definitely NOT True	18.1%	23.3%	27.6%	23.1%	18.6%	15.9%	21.8%
rules discouraging me	Mostly NOT True	1.4%	1.4%	1.9%	2.6%	3.8%	6.1%	2.5%
from smoking	Mostly True	6.2%	5.1%	7.0%	8.1%	10.8%	11.9%	7.7%
cigarettes or using	Definitely True	74.3%	70.2%	63.4%	66.2%	66.7%	66.0%	67.9%
tobacco.		,	, 0.2,0	001.70	00.270	001770	00.070	07.070
My family has clear	Definitely NOT True	6.6%	13.3%	12.8%	7.4%	8.0%	12.4%	10.1%
rules discouraging me	Mostly NOT True	3.3%	0.9%	4.6%	7.4% 5.7%		3.4%	
from using electronic	Mostly True	3.3% 13.2%	0.9% 8.0%	4.6% 17.4%	3.7% 17.2%	5.0% 9.0%	3.4% 15.7%	3.9% 13.5%
cigarettes.	Definitely True	76.9%	77.9%	65.1%	69.7%	78.0%	68.5%	72.6%
0.64 00000	Definitely True	76.9%	77.9%	05.1%	69.7%	78.0%	08.5%	72.0%
My family has clear	Definitely NOT True	17.9%	21.8%	24.6%	19.4%	14.6%	14.7%	19.4%
rules discouraging me	Mostly NOT True	4.6%	4.3%	5.7%	8.1%	9.6%	13.2%	7.0%
from drinking alcoholic	Mostly True	12.5%	13.3%	17.1%	19.5%	25.5%	30.2%	18.5%
beverages.	Definitely True	65.0%	60.5%	52.6%	53.0%	50.4%	42.0%	55.1%
My family has clear	Definitely NOT True	18.5%	22.6%	27.4%	22.6%	17.9%	16.0%	21.4%
rules discouraging me	Mostly NOT True	1.7%	2.9%	2.7%	4.4%	7.3%	7.1%	4.0%
from using marijuana.	Mostly True	6.1%	6.3%	8.4%	12.2%	15.0%	21.5%	10.5%
	Definitely True	73.7%	68.3%	61.6%	60.8%	59.8%	55.3%	64.0%
My family has clear	Definitely NOT True	18.8%	23.1%	27.6%	22.7%	19.0%	17.5%	22.0%
rules discouraging me	Mostly NOT True	1.1%	2.3%	1.3%	4.1%	4.0%	3.8%	2.6%
from using a	Mostly True	5.8%	5.0%	6.3%	8.6%	8.8%	9.9%	7.1%
prescription drug that	Definitely True	74.3%	69.6%	64.9%	64.6%	68.2%	68.8%	68.3%
is not prescribed to me.								
My family has clear	Definitely NOT True	12.6%	16.5%	15.2%	17.6%	16.5%	10.2%	15.4%
rules discouraging me	Mostly NOT True	8.1%	11.1%	8.4%	9.7%	14.3%	25.5%	11.4%
from gambling (scratch	Mostly True	23.0%	18.6%	25.4%	24.4%	22.4%	27.6%	22.7%
tickets, online, sports,	Definitely True							
casino, etc).	,	56.3%	53.8%	51.1%	48.3%	46.8%	36.7%	50.5%

Table 23. Parental Attachment and Positive Family Involvement

					Grade			
		7	8	9	10	11	12	Total
I share my thoughts	Definitely NOT True	10.2%	13.8%	12.3%	12.0%	12.0%	12.5%	12.1%
and feelings with	Mostly NOT True	20.8%	23.8%	26.1%	25.7%	28.3%	26.6%	25.0%
my	Mostly True	46.9%	45.7%	43.7%	44.0%	45.2%	44.7%	45.0%
parent/guardian(s).	Definitely True	22.1%	16.7%	17.9%	18.3%	14.5%	16.2%	17.9%
My	Definitely NOT True	23.8%	27.4%	25.6%	24.9%	25.6%	29.3%	25.8%
parent/guardian(s) participate(s) in	Mostly NOT True	25.9%	25.5%	24.8%	26.4%	28.1%	23.7%	25.8%
	Mostly True	32.5%	30.9%	31.1%	34.1%	33.2%	33.1%	32.3%
activities at my school, including	Definitely True	17.8%	16.2%	18.4%	14.7%	13.2%	13.9%	16.1%
attendance at								
school events.								
I feel very close to	Definitely NOT True	1.7%	3.5%	4.1%	3.4%	4.5%	6.1%	3.7%
my	Mostly NOT True	5.9%	8.2%	11.0%	10.0%	11.1%	12.6%	9.6%
parent/guardian(s).	Mostly True	24.8%	27.4%	32.9%	38.4%	38.5%	39.6%	32.9%
	Definitely True	67.6%	60.8%	52.0%	48.2%	45.9%	41.8%	53.9%
I feel loved and	Definitely NOT True	1.7%	2.6%	1.5%	2.2%	2.7%	3.1%	2.2%
valued by my	Mostly NOT True	3.7%	4.6%	5.5%	6.3%	5.6%	7.3%	5.4%
family.	Mostly True	19.8%	22.9%	27.6%	31.7%	31.9%	34.3%	27.4%
	Definitely True	74.8%	69.9%	65.3%	59.8%	59.8%	55.3%	65.1%
When I am away	Dofinitaly NOT True	0.70/	1 60/	1 40/	0.00/	2.00/	2.00/	1 40/
When I am away from home, my	Definitely NOT True	0.7%	1.6%	1.4%	0.9%	2.0%	2.8%	1.4%
parent/guardian(s)	Mostly NOT True	1.3%	2.3%	3.2%	4.9%	6.8%	10.0%	4.1%
know where I am	Mostly True	21.7%	26.5%	33.5%	38.5%	41.8%	41.5%	33.0%
and who I am with.	Definitely True	76.3%	69.6%	61.8%	55.7%	49.4%	45.7%	61.5%

Section 5. School Domain

Table 24. Perception of School Environment

					Grade			
		7	8	9	10	11	12	Total
I try hard to do	Definitely NOT True	1.5%	1.3%	1.4%	2.0%	2.0%	2.9%	1.7%
good work at school.	Mostly NOT True	1.7%	4.4%	5.2%	6.9%	6.7%	6.4%	5.1%
scriooi.	Mostly True	44.8%	47.8%	44.1%	43.7%	45.5%	47.2%	45.3%
	Definitely True	52.0%	46.5%	49.3%	47.4%	45.8%	43.5%	47.9%
I feel safe at	Definitely NOT True	3.1%	5.3%	2.5%	3.3%	3.9%	2.6%	3.5%
school.	Mostly NOT True	13.0%	10.0%	9.6%	8.4%	6.1%	7.7%	9.4%
	Mostly True	51.4%	54.8%	54.4%	57.2%	52.7%	50.7%	53.9%
	Definitely True	32.5%	29.8%	33.5%	31.2%	37.2%	39.0%	33.1%
Teachers/staff at	Definitely NOT True	3.2%	4.5%	4.3%	4.5%	3.6%	3.6%	4.0%
my school	Mostly NOT True	9.7%	10.1%	11.4%	13.3%	11.4%	7.7%	10.9%
encourage and support me to	Mostly True	37.9%	45.5%	54.0%	53.5%	53.2%	47.2%	48.8%
do my best.	Definitely True	49.1%	39.9%	30.3%	28.7%	31.8%	41.4%	36.2%

Section 6. Community Domain

Table 25. Perception of Community

					Grade			
		7	8	9	10	11	12	Total
My community is a	Definitely NOT True	6.4%	7.4%	6.7%	9.3%	6.6%	5.6%	7.2%
safe place.	Mostly NOT True	15.0%	18.0%	12.2%	12.2%	9.3%	9.1%	13.2%
	Mostly True	53.0%	54.3%	59.5%	61.4%	62.2%	69.3%	58.7%
	Definitely True	25.7%	20.4%	21.6%	17.0%	21.9%	16.1%	20.9%
In my community,	Definitely NOT True	17.2%	6.3%	7.8%	15.3%	6.8%		10.9%
kids are often teased	Mostly NOT True	38.4%	53.8%	39.5%	43.5%	44.3%		44.1%
or taunted so much	Mostly True	22.2%	20.9%	36.4%	25.2%	31.8%		26.8%
their feelings are hurt.	Definitely True	22.2%	19.0%	16.3%	16.0%	17.0%		18.3%
A lot of drugs are sold in my	Definitely NOT True	43.3%	35.1%	27.5%	18.6%	16.1%	10.0%	27.4%
	Mostly NOT True	37.0%	34.8%	37.3%	39.2%	32.4%	38.6%	36.6%
community.	Mostly True	12.8%	21.9%	28.1%	28.0%	35.8%	31.6%	25.2%
	Definitely True	6.9%	8.2%	7.2%	14.2%	15.7%	19.7%	10.8%
A lot of kids in my	Definitely NOT True	64.0%	32.3%	23.3%	13.2%	4.5%		29.1%
community are into	Mostly NOT True	25.1%	45.2%	32.6%	23.3%	22.7%		30.1%
using marijuana and	Mostly True	8.9%	13.5%	28.7%	33.3%	39.8%		23.8%
other drugs.	Definitely True	2.0%	9.0%	15.5%	30.2%	33.0%		17.0%
There are lots of	Definitely NOT True	9.7%	10.2%	12.2%	18.0%	13.2%	24.5%	13.6%
things for young	Mostly NOT True	18.9%	20.6%	23.2%	26.4%	34.1%	32.0%	24.6%
people to do in my	Mostly True	41.8%	46.4%	47.8%	43.6%	38.9%	37.4%	43.5%
community	Definitely True	29.7%	22.8%	16.8%	12.0%	13.8%	6.2%	18.3%
Adults value teens in	Definitely NOT True	7.9%	8.4%	13.7%	9.3%	12.6%		10.2%
my community	Mostly NOT True	17.3%	18.8%	16.8%	30.2%	33.3%		22.9%
	Mostly True	47.5%	60.4%	52.7%	44.2%	43.7%		50.0%
	Definitely True	27.2%	12.3%	16.8%	16.3%	10.3%		16.9%

Table 26. Prevention Strategies

How important do you think the following are in preventing kids from drinking? (Ranked from high to low based on % of youth choosing "very important")

Grade

7	8	9	10	11	12	Total
Checking IDs	Checking IDs	Checking IDs				
Alcohol free activities	Friends who disapprove	Alcohol free activities	Fear of Addiction	Having license suspended	Having license suspended	Fear of Addiction
Fear of Addiction	Fear of Addiction	Fear of Addiction	Having license suspended	Friends who don't drink	Friends who don't drink	Alcohol free activities
Friends who disapprove	Parental strictness	Being fined \$200	Alcohol free activities	Being fined \$200	Breathalyzer testing	Having license suspended
Parental strictness	Ads showing problems with alcohol	Ads showing problems with alcohol	Being fined \$200	Breathalyzer testing	Parental strictness	Friends who disapprove
Having license suspended	Alcohol free activities	Friends who disapprove	Friends who disapprove	Parental strictness	Alcohol education in school	Being fined \$200
Being fined \$200	Being fined \$200	Parental strictness	Ads showing problems with alcohol	Fear of Addiction	High price of alcohol	Parental strictness
Ads showing problems with alcohol	Having license suspended	Having license suspended	Parental strictness	Friends who disapprove		Ads showing problems with alcohol
Alcohol education in school	Breathalyzer testing	Friends who don't drink	Breathalyzer testing	Alcohol free activities		Breathalyzer testing
Breathalyzer testing	Alcohol education in school	Breathalyzer testing	Friends who don't drink	Alcohol education in school		Friends who don't drink
Friends who don't drink	Friends who don't drink	Alcohol education in school	Alcohol education in school	Ads showing problems with alcohol		Alcohol education in school
High price of alcohol		High price of alcohol				

Section 7. Gambling
Table 27. Gambling

Table 27. Gambling					Grade			
		7	8	9	10	11	12	Total
	Daily	1.4%	0.8%	0.7%	1.5%	1.3%	1.1%	1.1%
	Weekly	1.5%	1.8%	0.8%	1.7%	1.5%	0.9%	1.4%
How often do you	Monthly	2.7%	2.4%	2.0%	3.1%	2.2%	2.9%	2.5%
gamble for money or possessions?	Less than monthly	10.9%	13.7%	12.7%	11.2%	13.6%	11.4%	12.3%
	Never	83.5%	81.3%	83.9%	82.6%	81.4%	83.7%	82.6%
	Ever Gambled	16.5%	18.7%	16.1%	17.4%	18.6%	16.3%	17.4%
Has anyone in your family ever gambled so that it created problems at home, at work, or with friends?	Yes	5.8%	5.4%	7.3%	7.0%	9.4%	9.5%	7.0%
	***Lifet	ime Gamb	ler Sub-a	nalysis**	*			
		(unweight	ed n = 12	7)				
					Grade			
		7	8	9	10	11	12	Total

					Grade			
		7	8	9	10	11	12	Total
Has a family member ever expressed concern about your gambling?	Yes	0.0%	TFTR	TFTR	TFTR	TFTR		5.8%
Have you ever missed work, school or other activities because you were gambling?	Yes	0.0%	TFTR	TFTR	0.0%	TFTR		2.7%
Have you ever tried to cut back on your gambling?	Yes	17.9%	19.5%	35.0%	23.8%	TFTR		19.8%
Do you think you have a gambling problem?	Yes	0.0%	TFTR	TFTR	0.0%	TFTR		2.7%

TFTR: Too few to report

Section 8. Trends

Figure 1: Trends in Recent Use Rates of Core Substances Among High School Youth in SECT

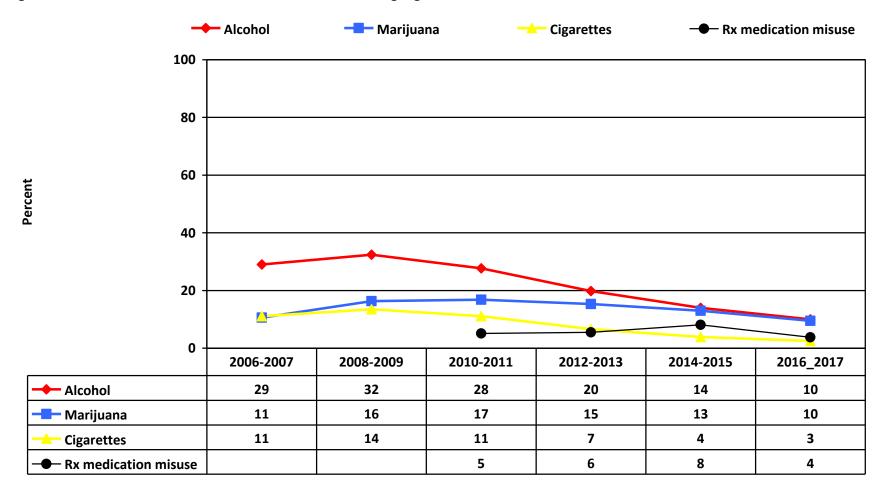


Figure 2. Trends in Perceived Harm Among High School Youth in SECT (% great risk)

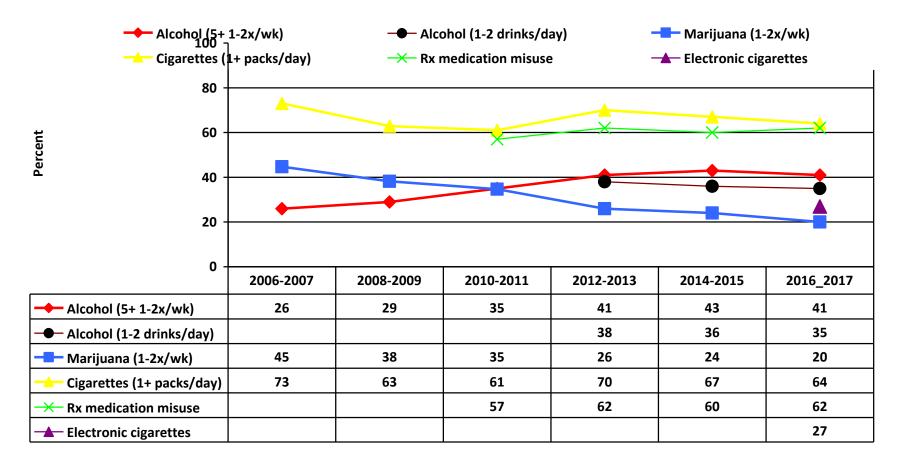


Figure 3. Trends in Perceived Parental Disapproval Among High School Youth in SECT (% very wrong)

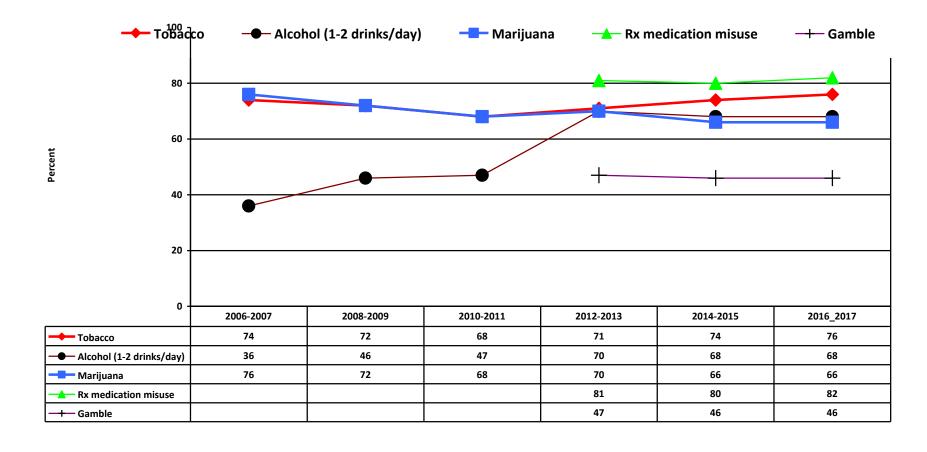


Figure 4. Trends in Perceived Peer Disapproval Among High School Youth in SECT (% very wrong)

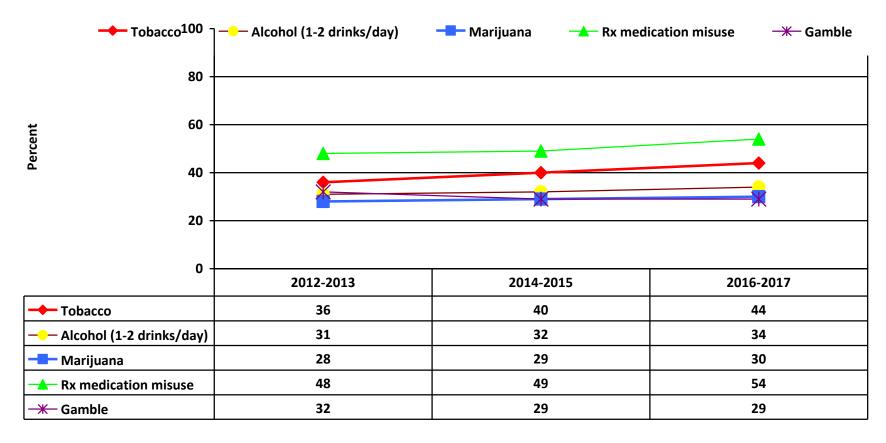


Figure 5: Trends in Recent Use Rates of Various Legal Products Among High School Youth in SECT

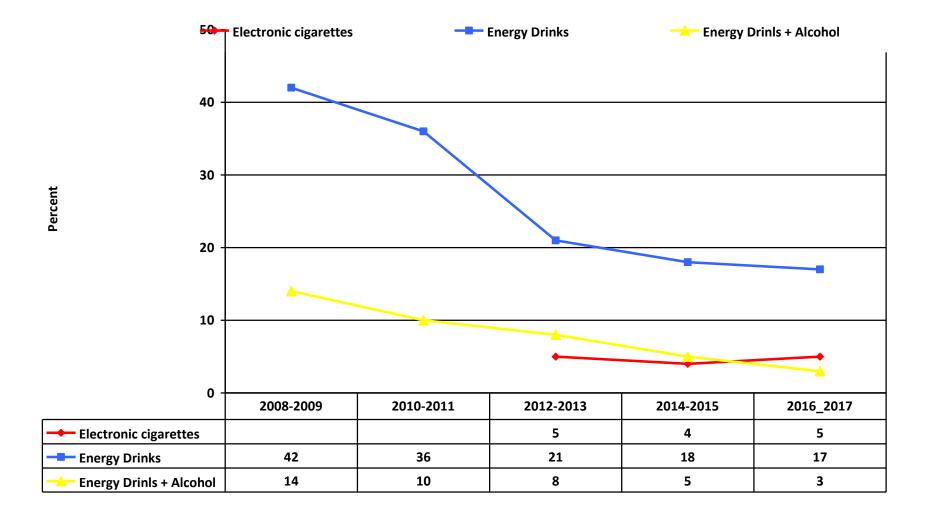


Figure 6: Trends in Lifetime Use Rates of Illicit Drugs Among High School Youth in SECT

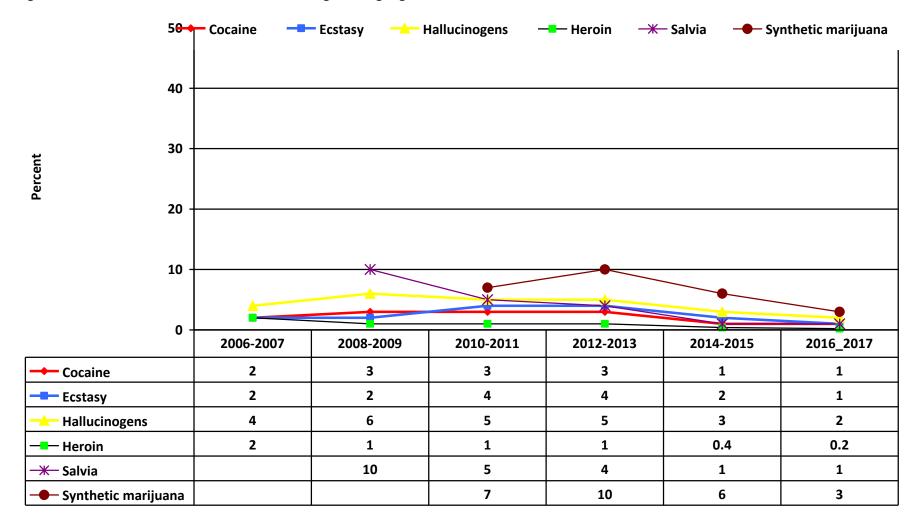


Figure 7: Trends in Lifetime Rates of Prescription Medication Misuse Among High School Youth in SECT

