

This listing is intended to give a sampling of some of the ways in which Southeastern Regional Action Council (SERAC) can help our partners in the battle against addictions.

Literature

We maintain a library of pamphlets, brochures, fact sheets and posters about a wide range of topics related to substance abuse, tobacco use, problem gambling, addictive behaviors and related risk factors.

Community Organization and Coalition Building

We offer support in each town on how to start a local coalition, increase membership, prioritize important needs and concerns in the community, share information with the community, develop action plans, and help to implement and evaluate those activities.

Training

We sponsor quarterly trainings about prevention, addiction, and associated behaviors and disorders. These trainings are conducted by outside staff but are coordinated and planned by SERAC.

Needs Assessment

We help communities determine the magnitude of substance use and abuse locally.

- School substance use surveys
- Focus groups
- Town Hall Meetings

Educational Resources

We have a variety of posters and props which may be used in prevention programming. Examples include:

- Prevention Curricula
- Posters about the effects of drugs, alcohol and cigarettes on the body
- Fatal Vision goggles which can be used to simulate drunkenness

Presentations on a variety of topics including:

- Current Drug Trends
- Parent Resources
- Methamphetamine Awareness Training
- Inhalant Awareness Training
- Internet Safety
- Bullying Prevention
- Gambling
- Looking to make a presentation? We can help you make it creative and exciting and tailor it to your community's needs!!

\$Funding \$

We have a limited amount of funding which can be used to help defray the cost of equipment, supplies and trainings which will be used to address the problem of addictions in our region.

For more information about these resources or to discuss other ways we may be able to help, please contact our office at (860) 848-2800